



**SIXTH WARD ELEMENTARY
LUNCH MENU
OCTOBER 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Dipping Chicken Nuggets Breaded Pork Chop Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole	3 Hot Dog Chilled Fruit Hot French Fries Bayou Baked Beans Jello	4 National Taco Day Beef Tacos / Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	5 Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/ Icing	6 PARISH FAIR HOLIDAY
9	10	11	12	13
NATIONAL SCHOOL LUNCH WEEK - Recipes for Success				
Delicious Chicken Tenders/Nuggets Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Beef Nachos Chilled Fruit Garden Green Salad Salsa Fresh Baked Breadstick Tortilla Chips	Crispy Fish Strips Fried Catfish Chilled Fruit Gelatin w/Fruit Bayou Baked Beans Creamy Mashed Potatoes Fresh Baked Breadstick	NATIONAL GUMBO DAY Chicken Gumbo w/Rice Chilled Fruit Fresh Carrots Fresh Squash Fresh Cucumbers School Made Roll Fudgy Brownie	PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
16 Dipping Chicken Nuggets/Tenders Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Broccoli Cheese Rice Casserole Rice w/Gravy Texas Toast	17 NATIONAL PASTA DAY Breezy Beefy Mac / Macaroni Wiggle Cranraisins OR Fruity Raisins Green Peas and Fresh Crisp Carrots Texas Toast Fudgy Brownie	18 Fried Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	19 Mini Cheese Ravioli w/Mariana OR Meatball Sub Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake OR Cupcakes	20 Homestyle Hamburger OR Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Hot French Fries Chocolate Chip Cookie
23 Delicious Chicken Tenders/Nuggets Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	24 Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	25 Red Beans w/Sausage Frozen Fruit Cups Fresh Crisp Carrots Fresh Baked Breadstick Fluffy Rice	26 Hot Pepperoni/Cheese Pizza Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	27 Homemade Meatloaf Fresh Broccoli Bites Creamy Mashed Potatoes Fresh Baked Roll Rice Krispie Treat
30 Dipping Chicken Nuggets/Tenders Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	31 Hot Dog Chilled Fruit Crispy Potato Rounds Bayou Baked Beans Gelatin		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.